



MEMBERSHIP OPTIONS

Adult Annual Membership* £50.00 Adult Annual Membership (Concession)* £25.00 (students/key workers – valid ID required)
 Established Clubs** £80.00 Senior* £0.00 (aged 60 or over – valid ID required)

*As an Aspire member you will receive concessionary rates for majority of courses, classes and access to fitness suite at reduced costs.

**With Club Membership your group will receive annual concessionary rates for facility hire.

FITNESS SUITE PRICING

Use of the gym strictly for over 16s.

Pay-As-You-Go Sessions

Standard Adult Fee: £10.00

Member Concession: -20%

Gym – Swim – Classes

Fitness Monthly Pass (30 days): £25.00

FITNESS SUITE OPENING TIMES

Last gym entry 1-hour before centre closure.

Monday – Thursday 16:30 – 22:00

Fridays 16:30 – 20:00

Saturdays 08:30 – 18:00

Sundays 08:30 – 18:00

SWIMMING POOL ADMISSION FEES

Lane Swim

Standard Adult Booking Fee: £6.60

Member Discount: -20%

Family Swim

Standard Adult Booking Fee: £6.60

Member Discount: -20%

Standard Child/Baby Booking Fee: £4.20

Parent & Baby Swim

**Adult w/ or w/o Baby Standard Booking Fee: £6.60

Member Discount: -20%

*Not included in Fitness Pass

**Babies are classes as under 3 years and/or 1m in height

REGULAR SWIMMING SESSIONS

All 45-min / 60-min sessions need to be booked prior to attendance to secure your space. Standard cancellation policy applies.

Mondays

Aqua Aerobics: 18:30 – 19:30

Lane Swim: 19:30 – 20:15; 20:15 – 21:00; 21:00 – 21:45

Tuesdays

Lane Swim: 21:00 – 21:45

Wednesdays

Aqua Fit (Women's Only): 18:30 – 19:30

Lane Swim: 19:30 – 20:15; 20:15 – 21:00; 21:00 – 21:45

Thursdays

Lane Swim: 19:30 – 20:15; 20:15 – 21:00; 21:00 – 21:45

Saturdays

*Family Swim: 11:30 – 12:30; 12:30 – 13:30

Sundays

*Parent & Baby Swim: 08:30 – 09:15; 09:15 – 10:00

*Family Swim: 10:00 – 11:00; 11:00 – 12:00; 12:00 – 13:00

All sessions are subject to any change(s) and cancellation(s). For most up-to-date information on session(s) please view our online timetable at www.aspiresouthfields.com/swimming-timetable.

FACILITY HIRE RATES

All rates are per hour – club discounts applicable to holders of Annual Club Membership only.

	Standard Rate	Member Discount		Standard Rate	Member Discount
Classroom	£25.00	-20%	Outdoor Table Tennis	£12.00	-20%
Indoor Table Tennis	£15.00	-20%	Outdoor Basketball Half Court	£12.00	-20%
Indoor Badminton Court	£22.50	-20%			

NB: Equipment is not included. We can supply netball posts, tennis posts and basketball hoops if required. Classrooms and conference room are equipped with A/V system.

	Standard Rate	Club Discount		Standard Rate	Club Discount
Sports Hall	£80.00	-20%	Swimming Pool	£90.00	-20%
Indoor 4-Lane Cricket Nets	£90.00	-20%	Activity Studio	£60.00	-20%
Outdoor 2-Lane Cricket Nets	£30.00	-20%	Dance Studio	£65.00	-20%
Outdoor Court (MUGA)	£30.00	-20%			

For all booking requests, please email bookings@aspirecentre.com. Hiring badminton, table tennis or outdoor half court? Please give us a call on 020 8875 2603 to book.

CLASS ADMISSION FEES

Standard pricing applies to non-members. Concessionary rates are available to all Aspire members.

Archery Open Shoot

Standard: £11.00
Member Discount: -20%
Archery Club Concession: -30%

Aqua Aerobics / Aqua Fit

Standard: £8.50
Member Discount: -20%

Legs, Bums & Tums

Standard: £8.50
Member Discount: -20%

Pilates

Standard: £8.50
Member Discount: -20%

Zumba

Standard: £8.50
Member Discount: -20%

Vinyasa Flow Yoga / Sivananda Yoga

Standard: £11.00
Member Discount: -20%

CLASS SCHEDULE

All classes are subject to cancellations. For most up-to-date schedule, please visit our website or follow our service updates Twitter account @AspireUpdates

Mondays

*Archery Open Shoot – All Levels w/ Rafał, 17:00 - 18:45
Aqua Aerobics w/ Linda, 18:30 - 19:30
Pilates w/ Zec, 18:30 - 19:30

Tuesdays

Legs, Bums & Tums w/ Cristina, 18:15 - 19:00
Zumba w/ Cristina, 19:15 - 20:15

Wednesdays

Zumba w/ Cristina, 18:15 - 19:15
Aqua Fit – Women's Only w/ Linda, 18:30 - 19:30

Thursdays

Restorative Pilates w/ Zec, 12:00 - 13:00
*Archery Open Shoot – All Levels w/ Rafał, 18:00 - 19:45
Yoga - Vinyasa Flow w/ Flora, 18:30 - 19:45
*Archery Open Shoot – Advanced w/ Rafał, 20:00 - 21:30

Fridays

*Archery Open Shoot – Beginners w/ Rafał, 17:45 - 19:30

Saturdays

Yoga – Sivananda w/ Jacqui, 09:30 - 11:00

Sundays

*Archery Open Shoot – Intermediate w/ Rafał, 12:00 - 13:45
*Archery Open Shoot – Beginners w/ Rafał, 14:00 - 15:30

*Not included in Fitness Pass

BIRTHDAY PARTIES

Turn your child's party into an exciting day to remember! For all booking requests, please email info@aspirecentre.com.

Multi-Sports & Mini-Games Party

Standard: £190.00
Member Discount: -20%

Football Party

Standard: £190.00
Member Discount: -20%

Swimming Pool Party

Standard: £205.00
Member Discount: -20%

Bouncy Castle Party

Standard: £190.00
Member Discount: -20%

Futsal Party

Standard: £190.00
Member Discount: -20%

Archery Party

Standard: £235.00
Member Discount: -20%

3G PITCH HIRE RATES

All rates are per hour. Club Discount applicable to holders of Annual Cub Membership only. For all booking requests, please email bookings@aspirecentre.com.

	Weekday Rates (Monday – Friday)			Weekend Rates (Saturday – Sunday)	
	Standard Rate	Club Discount		Standard Rate	Club Discount
Full Pitch (11-a-side)	£132.00	-20%	Full Pitch (11-a-side)	£120.00	-20%
2/3 Pitch (9-a-side)	£106.00	-20%	2/3 Pitch (9-a-side)	£105.00	-20%
1/3 Pitch (7-a-side)	£64.00	-20%	1/3 Pitch (7-a-side)	£54.00	-20%

FURTHER INFORMATION

For more information with regards to our services and ongoing changes please visit our website and/or sign up to our newsletter for all the latest news.

Alternatively send an email to info@aspirecentre.com for all general enquiries. For all booking requests, please email bookings@aspirecentre.com. Hiring badminton, table tennis or outdoor half court? Please give us a call on 020 8875 2603 to book. Please check our FAQ page at www.aspirecentre.com/faq before making an enquiry.